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Let's talk about leaks

Are these symptoms causing you to say no to activities you love?

- Uncontrollable urges to go to the bathroom
- Frequent accidents resulting in wearing pads
- Getting up multiple times at night

November is Bladder Health Awareness Month!

Celebrate with our free, virtual community health event and learn about options for control.

The event will be 60 minutes and allow time for questions.

DATE: November 8th, 2021

TIME: 5:30pm-6:30pm PST

[Click to register](#)

Co-sponsored by Medtronic
and Spokane Urogynecology



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